



Cornell University

The Cornell PULSE

Perceptions of Undergraduate Life and Student Experiences

1 Your satisfaction with Cornell

2 Your academic involvement

3 Your interactions with faculty

4 Changes in your skills and abilities

5 Extracurricular and social involvement

6 Your health and well-being

7 Your background

Hey there, <Student>! Thanks for coming. Cornell really needs your input.

Answering the questions in the Cornell PULSE shouldn't take you too much time. There are just seven short sections, with one page per section. It may take you 10 or 15 minutes to go through all seven pages.

We take your privacy very seriously. Results from the PULSE will never be reported in any form that would identify you as an individual. If you find a question that you don't want to answer, just skip it and go on. We still want to hear what you have to say on the other topics.

When you finish these seven pages and hit the final "submit" button, you'll know instantly whether you are a \$10 winner! Every 10th survey completed is an automatic winner!

Thanks and good luck!

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How satisfied are you with the following aspects of your Cornell experience so far?

	Very dissatisfied	Generally dissatisfied	Generally satisfied	Very satisfied
Overall quality of instruction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Academic advising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Administration's responsiveness to student concerns	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social life on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sense of community on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sense of community where you live during the academic year	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How would you evaluate your entire educational experience at Cornell University?

Poor

Fair

Good

Excellent

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See how quickly this goes??



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During a typical week this academic year, approximately how many hours do you spend on your academic work?

	Hours per week:					
	0-10	11-15	16-20	21-25	26-30	More than 30
Attending scheduled classes or labs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working on academic work outside of class or lab (e.g., homework, research project, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Since becoming a Cornell student, which of the following have you done or do you plan to do before graduating?

	Done	Plan to do	Do not plan to do	Have not decided
Prepare a thesis, honors project, or other significant research paper	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conduct research with a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have an internship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participate in community service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hold a leadership role for a campus committee, student organization or other non-academic project	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Thinking across this school year, how often would you say you have experienced each of the following?

	Rarely or never	Occasionally	Often	Very often
Participated in class discussions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Been excited by a class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worked with others on a group assignment, project, or presentation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participated in a study group outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had an intellectual discussion with other students outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had an intellectual discussion with a faculty member outside of class	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reconsidered your position on a topic after evaluating the arguments of others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Conducted research using lab data, fieldwork, surveys or historical archives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Used quantitative tools (e.g. computer modeling, statistics, mathematics, graphs)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attended a lecture, conference, symposium or arts event not required by a course	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prepared more than one draft of a paper or homework assignment before turning it in	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Asked a librarian or staff member for help in finding information on some topic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Used the library as a quiet place to read or study	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Great. Next, we want to hear about the faculty.



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To what extent do you agree or disagree with the following statements about your interactions with faculty members?

Faculty members...

	Strongly disagree	Disagree	Agree	Strongly agree
... are willing to talk with me individually	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
... treat me fairly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How many professors do you feel comfortable asking for a letter of recommendation in support of an application for a job, internship, fellowship, or advanced degree work?

None
 One
 Two
 Three or more

During the current school year, how often have you done each of the following?

	Rarely or never	Occasionally	Often	Very often
Received help with coursework from a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussed your course selection plans with a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussed your career plans and ambitions with a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worked with a faculty member on activities other than coursework or research (e.g., student organization, campus committee)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had coffee or dined with a faculty member	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During the current school year, which of the following best describes your interactions with your academic advisor(s)? (Please select one answer.)

I have not sought out academic advice

I have sought out academic advice and received...

... none of what I needed

... some of what I needed

... most of what I needed

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That's important stuff. Thank you.



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To what extent has your experience at Cornell contributed to your knowledge, skills, and personal development in the following areas?

	Very little or none	Some	Quite a bit	Very much
Broad knowledge in the arts and sciences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In-depth knowledge of a field or discipline	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Career- or work-related knowledge and skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Writing clearly and effectively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communicating well orally	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ability to conduct scholarly research	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thinking critically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Formulating original ideas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Solving complex, real-world problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Placing current problems in historical/cultural/philosophical perspective	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Planning and executing complex projects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Analyzing problems quantitatively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developing proficiency in a foreign language	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Critical appreciation of the fine arts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding the process of science and experimentation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Learning effectively on your own	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding the complexity of social problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Evaluating the role of science and technology in society	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developing global awareness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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You're more than half-way there!



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During a typical week this academic year, approximately how many hours do you spend doing the following activities?

	Hours per week					
	None	1-5	6-10	11-15	16-20	21+
Working for pay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical fitness (exercise, sports, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participating in other extracurricular activities (student organizations, fraternity or sorority, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Partying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relaxing (e.g., watching TV, playing video games, hanging out)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent has your experience at Cornell contributed to your knowledge, skills, and personal development in the following areas?

	Very little or none	Some	Quite a bit	Very much
Working effectively with others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Leading and supervising tasks and groups of people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identifying moral and ethical issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relating well to people of different races, nations, and religions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Functioning independently, without supervision	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding yourself: abilities, interests, limitations, personality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During this academic year, how often have you had conversations with students who differ from you...

	Rarely or never	Occasionally	Often	Very often
...in race or ethnicity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...in sexual orientation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...in political beliefs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
...in their undergraduate college at Cornell	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree or disagree with the following statement?:

I enjoy what the Greek system contributes to Cornell University.

Strongly **dis**agree

Disagree

Agree

Strongly agree

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Don't worry, the last two sections are short ones!



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During the current school year, how often, if ever, have you:

	Rarely or Never	Occasionally	Often	Very Often
Felt out of place or that you just didn't fit in on your campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Felt overwhelmed by all you had to do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stayed up all night to finish an academic assignment or prepare for an exam	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

On how many of the past seven days did you get enough sleep so that you felt rested when you woke up in the morning?

0	1	2	3	4	5	6	7
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Below are potential sources of stress that you may experience as a student. For each item, please indicate how each has affected you.

	This has not affected me	Slightly stressful	Moderately stressful	Very stressful
Managing the workload for your courses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal difficulties with family, intimate relationships, or friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Balancing multiple commitments (academic, extracurricular, personal)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concerns about your finances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concerns about your future plans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During the last year, how many times have you been unable to function academically (e.g., missing classes, unable to study or complete homework) for at least a week due to depression, stress, or anxiety?

Never	1-2	3-4	5 or more
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

To what extent do you agree or disagree with the following statements?:

	Strongly disagree	Disagree	Agree	Strongly agree
I have found enough social activities at Cornell that don't involve alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have found a community at Cornell where I feel like I belong	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being at Cornell has helped me build my self-confidence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

On average, how many alcoholic drinks do you consume when you drink? (Note: one drink is defined as a bottle of beer, a glass of wine; or a shot of liquor)

- I don't
drink
- 1 2 3 4 5 6 7 8 9 or more

Think back over the last two weeks.

For men, on how many occasions, if any, have you had **five or more** alcoholic drinks?

For women, on how many occasions, if any, have you had **four or more** alcoholic drinks?

- 0 1 2 3 4 5 6 7 8 9 or more

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Finally, we'd like to ask just a few questions about your background.



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Please fill in the code(s) for the field(s) in which you expect to receive your bachelor's degree.

Major 1

Major 2

What is the average grade that you have received up to now at this institution, overall and in your major(s)?

Overall	Major	Average Grade
<input type="radio"/>	<input type="radio"/>	A
<input type="radio"/>	<input type="radio"/>	A-
<input type="radio"/>	<input type="radio"/>	B+
<input type="radio"/>	<input type="radio"/>	B
<input type="radio"/>	<input type="radio"/>	B-/C+
<input type="radio"/>	<input type="radio"/>	C or below

Are you a member of a fraternity or sorority? Yes No

What is the highest level of education completed by your parents or guardians?

Relationship to you ¹ :	Education ²
<input type="text" value="Select"/>	<input type="text" value="Select"/>
<input type="text" value="Select"/>	<input type="text" value="Select"/>

What is your best estimate of your parents' or guardians' total income last year? Consider income from all sources before taxes.

- Under \$25,000
- \$25,000 - \$49,999
- \$50,000 - \$74,999
- \$75,000 - \$99,999
- \$100,000 - \$124,999
- \$125,000 - \$149,999
- \$150,000 - \$174,999
- \$175,000 - \$199,999
- \$200,000 - \$249,999
- \$250,000 - \$299,999
- \$300,000 or above

¹ Response categories: Mother or Stepmother; Father or stepfather; Other

² Response categories: Did not finish high school; Graduated from high school; Attended college but did not complete a degree; Completed an associate's degree; Completed a bachelor's degree (BA, BS, etc.); Completed a master's degree (MA, MS, MSW, MFA, etc.); Completed a doctoral degree (Ph.D., M.D., J.D., etc.)

During the current school year, what is the total amount you expect to borrow personally from any source in education loans?

- \$0
- \$1-\$999
- \$1000-\$1999
- \$2000-\$3999
- \$4000-\$5999
- \$6000-\$7999
- \$8000-\$9999
- \$10,000-14,999
- \$15,000 or more

What has been the impact of the current economic recession on your family's ability to pay for your education?

- None/slight
- Moderate
- Considerable
- Severe
- Not applicable (My family does not contribute to my education)

Your gender: Male Female Transgender

Your race or ethnic group (Mark one or more): American Indian or Alaska Native
 Asian Black or African American Hispanic or Latino
 Native Hawaiian or Other Pacific Islander White

If you could start over again, would you go to Cornell University?

Definitely **not** Probably **not** Probably Definitely

The Cornell motto, 'Any person ... any study,' suggests that Cornell undergraduates can readily access courses or programs from across the University to satisfy their academic interests. Based on your own experience, how easy or difficult is it to take advantage of such opportunities outside your home college?

Submit (page 7 of 7) and you're done!

When you submit this page, you'll see if you're an instant winner.

Thanks for taking the Cornell PULSE!